

INTRODUCTION	6
GENERAL NOTES ON MAKING PRODUCTS	8
PRODUCT PROTECTION INGREDIENTS: ANTI-OXIDANTS & PRESERVATIVES	11
CHOOSING PRESERVATIVES	12
PRESERVATIVE COMPARISON CHART.....	13
QUICK NOTE ON ELECTRICAL CHARGES	14
HOW TO MAKE PRODUCTS MORE ORGANIC OR NATURALLY COMPLIANT?	16
LINK TO A SERIES ON MY SITE ABOUT USING FRAGRANCE OILS IN OUR PRODUCTS!.....	16
ARE FRACTIONATED COCONUT OIL, CAPRYLIC/CAPRIC TRIGLYCERIDE, AND MEDIUM CHAIN TRIGLYCERIDES THE SAME INGREDIENT?.....	16
ALL KINDS OF CHARTS FOR THIS E-BOOK!.....	19
SENSORY COMPARISON CHART FOR ALL KINDS OF LIQUID EMOLLIENTS (MEGA CHART!)	19
LET’S TAKE A LOOK AT HYALURONIC ACID!.....	24
HYALURONIC ACID AND OUR SKIN!	24
THE IMPORTANCE OF MOLECULAR WEIGHT OF HA!.....	26
HOW TO USE HYALURONIC ACID IN OUR PRODUCTS?	27
FORMULA FOR MAKING A BASIC SOLUTION OF LMW HYALURONIC ACID WITH GERMALL PLUS LIQUID	28
INSTRUCTIONS FOR HYDRATING HA.....	29
CHOOSING ANOTHER PRESERVATIVE FOR HA GEL.....	29
HYALURONIC ACID 4D	30
LET’S TAKE A LOOK AT EACH COMPONENT OF THIS INGREDIENT TO SEE WHAT MAKES IT SO SPECIAL!.....	31
HOW CAN WE USE HYALURONIC ACID 4D?	33
WHAT ELSE SHOULD WE KNOW?.....	34
QUICK SUMMARY OF HYALURONIC 4D!	34
CATIONIC HA.....	36
LET’S LOOK AT THE COMPOSITION OF THIS INGREDIENT!	37
LET’S LOOK AT EACH OF THESE INGREDIENTS.	37
WHY DO WE CARE IF THIS IS CATIONIC?	39

CATIONIC HA (INCI: Hydrolyzed Sodium Hyaluronate, Sodium Hyaluronate, Polyquaternium-10, Glycerin, Phenoxyethanol, Ethylhexylglycerin, Aqua)	41
WHERE CAN YOU FIND THIS INGREDIENT?	41
A FEW FORMULAS IN WHICH YOU COULD ADD THIS INGREDIENT!	42
REFERENCES!	42
Fision® HYDRATE!	44
WHAT DO ALL THESE INGREDIENTS DO?	44
HOW DO WE USE FISION® HYDRATE?	46
WHERE DO YOU FIND IT?	46
SUMMARY ABOUT FISION® HYDRATE	46
SOME TIPS & TRICKS FOR WORKING WITH HYALURONIC ACID	48
INTO WHICH KINDS OF PRODUCTS CAN YOU ADD WATER SOLUBLE HA?	49
INTO WHICH KINDS OF PRODUCTS CAN YOU ADD OIL SOLUBLE HA?	50
LET'S TALK ABOUT MIXERS AND SHEAR AND SUCH	51
CREATING A COOLING, GLACIAL FACIAL TONER WITH HA!	53
A FEW OF MY FAVOURITE ACTIVE INGREDIENTS!	53
CREATING A COOLING GLACIAL FACIAL TONER!	56
COOLING GLACIAL FACIAL TONER WITH LOADS OF ACTIVES & VITAMINS WITH HA SOLUTION! (FORMULA)	59
INSTRUCTIONS FOR THE COOLING GLACIAL FACIAL TONER!	60
What can you do if you prefer to use hyaluronic acid 4D?	60
COOLING GLACIAL FACIAL TONER WITH LOADS OF ACTIVES & VITAMINS WITH HYALURONIC ACID 4D! (FORMULA)	60
CAN WE USE CATIONIC HA IN THIS TONER?	61
COOLING GLACIAL FACIAL TONER WITH LOADS OF ACTIVES & VITAMINS WITH CATIONIC HA! (FORMULA)	62
CAN WE USE ANOTHER PRESERVATIVE FOR THIS TONER?	62
PRESERVATIVE COMPARISON CHART	63
COOLING GLACIAL FACIAL TONER WITH LOADS OF ACTIVES & VITAMINS WITH HA SOLUTION - USING DIFFERENT PRESERVATIVES! (FORMULA)	65
INSTRUCTIONS FOR THE TONER WHEN USING EUXYL PRESERVATIVES!	67
TURNING THE TONER INTO A GORGEOUS FACIAL GEL!	69

A FEW GELLING INGREDIENTS (RHEOLOGY MODIFIERS & COLD PROCESS EMULSIFIERS)	70
A COUPLE OF NOTES ON THIS FORMULA	71
CREATING A GELLED TONER WITH ARISTOFLEX AVC!	71
COOLING GLACIAL FACIAL GEL WITH ARISTOFLEX AVC (HA SOLUTION, FORMULA) 72	
INSTRUCTIONS FOR A GELLED TONER WITH ARISTOFLEX AVC!	73
COOLING GLACIAL FACIAL GEL WITH ARISTOFLEX AVC (HA 4D, FORMULA)	75
CREATING A GEL-CREAM WITH ARISTOFLEX AVC!	76
COOLING GLACIAL FACIAL GEL-CREAM WITH SQUALANE WITH ARISTOFLEX AVC (HA 4D, FORMULA)	76
INSTRUCTIONS FOR A GEL-CREAM WITH ARISTOFLEX AVC!	77
LET'S MAKE A SLIGHTLY MORE STRIPPED DOWN VERSION OF THE ARISTOFLEX AVC GEL-CREAM	78
BASIC FACIAL GEL-CREAM WITH ARISTOFLEX AVC (HA SOLUTION, FORMULA).....	79
CREATING A CREAM-GEL WITH SEPIMAX ZEN!.....	81
COOLING GLACIAL FACIAL GEL WITH SEPIMAX ZEN & HA SOLUTION! (FORMULA) . 82	
INSTRUCTIONS FOR A GELLED TONER WITH SEPIMAX ZEN!	83
CAN WE MAKE A CREAM-GEL SERUM WITH SEPIMAX ZEN?	84
CREATING A BASE GEL-CREAM WITH SEPIMAX ZEN (FORMULA)	85
INSTRUCTIONS FOR A GEL-CREAM WITH SEPIMAX ZEN!.....	86
CREATING A HYDRATING FACIAL SERUM WITH SEPINOV EMT 10.....	88
CREATING A HONEY & BAMBOO HYDRATING HYALURONIC ACID & SQUALANE FACIAL SERUM!.....	88
HYDRATING HYALURONIC ACID SOLUTION & SQUALANE FACIAL SERUM WITH SEPINOV EMT 10 (FORMULA).....	88
INSTRUCTIONS FOR MAKING A GEL-CREAM SERUM WITH SEPINOV EMT 10!	89
CREATING A VARIATION WITH HYALURONIC ACID 4D!.....	90
HYDRATING HYALURONIC ACID 4d & SQUALANE FACIAL SERUM WITH SEPINOV EMT 10 (FORMULA)	91
HOW TO TURN ANY OF THESE TONERS, GELS, OR GEL-CREAMS INTO SHEET MASKS!	93
CONCLUSION	96

MY BLOG, POINT OF INTEREST	96
THANK YOU TO MY AMAZING SUBSCRIBERS.....	96
HOW TO CONTACT ME	96
SUPPLIERS' INFORMATION	97
Where to find supplies?	97
INGREDIENT REFERENCE GUIDE	99

Written by Susan Barclay Nichols, better known as SwiftCraftyMonkey, blogger and formulator for the blog Point of Interest (<http://swiftcraftymonkey.blog>).

© 2025 by Susan Barclay Nichols. All rights reserved. This e-book or any portion thereof may not be reproduced in any form without the express written permission of the author, except as permitted by Canadian copyright law. The products you make from formulas contained in this e-book can be used by you for personal or commercial purposes, but please don't copy and paste the text or share this entire e-book on sites like Scribd or forward to your friends who aren't subscribers to the blog. Instead, please refer them to my shop or refer them to the site.

Also, don't use anything in this e-book, other e-books, or my site as the basis for formulas you're claiming as your own on a blog, site, video, or e-book. If you use my work as a reference, please link back to my site and give me credit as we should do with all materials we cite. Have fun formulating!