

Table of Contents

INTRODUCTION TO USING COLD EMULSIFIERS	3
A NOTE ON CHOOSING OILS FOR RECIPES.....	3
GENERAL NOTES ON MAKING BATH & BODY PRODUCTS	4
ARISTOFLEX AVC	6
MAKING LOTIONS WITH ARISTOFLEX AVC.....	8
A BASIC TEMPLATE FOR AN ARISTOFLEX AVC LOTION	8
USING SQUALANE IN A FACIAL MOISTURIZER	9
ROSE WATER & SQUALANE HYDRATING FACIAL MOISTURIZER WITH ARISTOFLEX AVC	9
USING OIL SOLUBLE EXTRACTS.....	10
FACIAL MOISTURIZER FOR OILY SKIN WITH STRAWBERRY EXTRACT	10
CHAMOMILE & NIACINAMIDE MOISTURIZER FOR UNEVEN SKIN TONE	12
USING SOLID INGREDIENTS.....	13
A VERY LIGHT BABASSU & ALLANTOIN HAND LOTION.....	13
EMULTHIX™ or RM-2051	15
A BASIC EMULTHIX LOTION TEMPLATE RECIPE	15
MAKING A LOTION WITH EMULTHIX™ OR RM-2051	16
RICE BRAN & CHAMOMILE HAND & BODY LOTION	17
MAKING THICKER LOTIONS WITH EMULTHIX	18
MANGO BUTTER, HONEYQUAT, AND ROSE WATER EMULTHIX LOTION	18
THICKER LOTION WITH EMULTHIX.....	19
SUCRAGEL AOF	21
MAKING LOTIONS WITH SUCRAGEL AOF	23
MOISTURIZING COCONUT MILK WITH SUCRAGEL AOF.....	23
SHEA BUTTER, RICE BRAN, AND ROSE WATER LOTION	24
MAKING FACIAL MOISTURIZERS WITH SUCRAGEL AOF	25
SUCRAGEL AOF FACIAL MOISTURIZER TEMPLATE	26
MODIFICATIONS YOU COULD MAKE TO FACIAL MOISTURIZERS FOUND IN THIS E-ZINE	27
A FEW THOUGHTS ON MAKING LOTIONS WITH COLD EMULSIFIERS	29