FORMULATING FACIAL PRODUCTS

INTRODUCTION	11
SKIN CHEMISTRY: AN OVERVIEW	12
SKIN CHEMISTRY: DESQUAMATION	15
SKIN CHEMISTRY: NATURAL MOISTURIZING FACTOR	15
SKIN CHEMISTRY: STRATUM CORNEUM LIPIDS	17
SKIN CHEMISTRY: TRANSEPIDERMAL WATER LOSS (TEWL)	18
SKIN CHEMISTRY: SEBUM	19
SKIN CHEMISTRY: pH OF OUR SKIN	21
SKIN CHEMISTRY: AQUAGLYCEROPORINS	24
SKIN CHEMISTRY: COMEDOGENICITY	25
SKIN CHEMISTRY: ACNEGENICITY, PUSTULOGENICITY, AND SENSITIVE SKIN	26
QUESTION: WHAT'S THE DIFFERENCE BETWEEN MOISTURIZING AND HYDRATING?	28
SKIN TYPES: DRY SKIN DRY SKIN: IMPAIRED SKIN BARRIER DRY SKIN: LOWER HYDRATION LEVELS DRY SKIN: SOME SUGGESTED INGREDIENTS SKIN TYPES: OILY SKIN SKIN TYPE: RESISTANT (R) SKIN TYPE: SENSITIVE (S) SKIN ACNE TYPE ROSACEA PRONE STINGING TYPE ALLERGIC TYPE SKIN TYPE: PIGMENTED (P) OR NON-PIGMENTED (N) SKIN TYPE: WRINKLED (W) OR TIGHT (T) WORKING WITH YOUR SKIN TYPE	30 30 32 34 35 36 36 37 37 39 40 41 42 43 45
AN ASIDE: WHAT DOES SPF MEAN?	46
SURFACTANTS! INCORPORATING MILDNESS INTO SURFACTANT BASED PRODUCTS	47 49
THICKENERS FOR SURFACTANTS CROTHIX GLYCOL DISTEARATE RITATHIX DOE	51 51 52 52
BOTANICAL EXTRACTS AND HYDROSOLS WHAT IS AN EXTRACT? HOW DO WE USE EXTRACTS IN OUR PRODUCTS?	54 <i>54</i> <i>55</i>

ALLANTOIN	56
APPLE EXTRACT	56
BANANA EXTRACT	58
CHAMOMILE EXTRACT	60
CHRYSTANTHEMUM OR FEVERFEW EXTRACT	61
COMFREY ROOT	62
CUCUMBER EXTRACT	63
GINSENG EXTRACT	64
GRAPESEED EXTRACT	65
GREEN TEA EXTRACT	66
HONEYSUCKLE EXTRACT	70
HORSETAIL EXTRACT	72
LIQUORICE EXTRACT	73
MARSHMALLOW EXTRACT	74
MALLOW EXTRACT	<i>75</i>
ORCHID EXTRACT	<i>75</i>
PAPAYA EXTRACT	76
PINEAPPLE EXTRACT	77
ROSEMARY EXTRACT	<i>7</i> 9
ST. JOHN'S WORT	82
STRAWBERRY EXTRACT	83
WHITE WILLOW BARK	84
WITCH HAZEL	85
ALOE VERA	88
HUMECTANTS	92
GLYCERIN	92
SODIUM LACTATE	93
SODIUM PCA (salt of pyrrolidone carboxylic acid)	93
HYDROVANCE	94
COSMECEUTICALS	95
THINGS TO CONSIDER WHEN CHOOSING COSMECEUTICALS	9 5
ALPHA HYDROXY ACIDS	96 97
BETA GLUCAN	98
COPPER PEPTIDE (GHK-Cu)	99
DMAE	100
FERULIC ACID	100
GABA	101
MSM	102
MATRIXYL 3000	103
Multifruit BSC (aka Fruit Acid Complex)	105
NIACINAMIDE	106
PALMITOYL TETRAPEPTIDE-7	107
PEPHA-TIGHT	107
PHYTONADIONE	108
RESVERATROL	109
REVITAL-EYES	110
CAFFEINE	110
LACTOBACILLUS	111
SALICYLIC ACID OR BHA	112

SEA KELP BIOFERMENT VITAMIN C	113 114
DMM CIPIED C	44.0
EMULSIFIERS EMULSIFIERS	116
EMULSIFYING WAX (OR E-WAX)	116
INCROQUAT BTMS-50	117
LOTIONPRO 165	118
POLAWAX	119
RITAMULSE SCG	120
SUCRAGEL AOF	122
THICKENERS	125
STEARIC ACID	125
CETYL ALCOHOL	125
CETYL ESTERS	126
CETEARYL ALCOHOL	127
BEHENYL ALCOHOL	127
PRESERVATIVES	128
WHAT CAN CONTAMINATE OUR PRODUCTS?	128
HOW PRESERVATIVES WORK	129
HOW TO CHOOSE A PRESERVATIVE?	130
COSMOCIL CQ	131
GEOGARD ULTRA	131
GERMABEN II	131
LIQUID GERMALL PLUS	131
LIQUIPAR OIL	131 132
LIQUIPAR OPTIMA	132
<u>LIQUIPAR PE</u> MIKROKILL COS	132
OPTIPHEN	132
	132
<u>OPTIPHEN ND</u> OPTIPHEN PLUS	133
PHENONIP	133
SUTTOCIDE A	133
ADVANCED ALOE LEUCIDAL	133
LIQUID LEUCIDAL	134
NATAPRES	134
ANTI-OXIDANTS	134
What is rancidity?	134
How does rancidity differ from contamination?	135
How can we avoid rancidity?	135
What can we use as an anti-oxidant?	135
Anti-oxidants are not preservatives.	135
ESSENTIAL OILS	136
HOW ARE ESSENTIAL OILS PROCESSED?	136
PHYSICAL METHODS	136
WATER BASED METHODS	136
ESSENTIAL OILS: ORANGE ESSENTIAL OIL	138
FOLDED ESSENTIAL OILS AND PHOTOTOXICITY	138

AN ASIDE: USING ESSENTIAL OILS IN FACIAL PRODUCTS	140
ESSENTIAL OILS: LAVENDER	140
ESSENTIAL OILS: EUCALYPTUS	143
ESSENTIAL OILS: ROSEMARY	144
ESSENTIAL OILS: TEA TREE	148
AN ASIDE: PROCEDURES WHILE MAKING PRODUCTS	151
FORMULATING SURFACTANT BASED FACIAL CLEANSERS	152
ADJUSTING THE pH OF OUR PRODUCTS	152
AN ASIDE: WHAT CAUSES SKIN TIGHTNESS AFTER WASHING?	153
BASIC FACIAL CLEANSER RECIPE MODIFYING THE BASIC RECIPE FOR DRY SKIN	<i>154</i> 155
MODIFYING THE BASIC RECIPE FOR DRY SKIN – LOWER SURFACTANT LEVELS	156
BANANA & GINSENG FOAMING FACIAL CLEANSER FOR DRY SKIN	156
HONEY CHAMOMILE FACIAL CLEANSER FOR DRY SKIN (LOWER SURFACTANT LEVELS)	157
AN ASIDE: SOLUBILIZING OILS INTO WATER BASED PRODUCTS	158
MARSHMALLOW & PUMPKIN SEED CLEANSER FOR DRY SKIN	158
MODIFYING THE BASIC RECIPE FOR OILY SKIN	159
MODIFYING THE BASIC RECIPE FOR OILY SKIN	160
ROSEMARY & GREEN TEA FACIAL CLEANSER FOR OILY SKIN	160
CHRYSANTHEMUM & CHAMOMILE FACIAL CLEANSER FOR OILY SKIN	161
GRAPESEED & WITCH HAZEL FACIAL CLEANSER FOR OILY SKIN	162
MODIFYING THE BASIC CLEANSER FOR ACNE PRONE SKIN	162
ROSEMARY & WILLOW BARK CLEANSER FOR ACNE PRONE SKIN	163
MODIFYING THE BASIC CLEANSER FOR NORMAL SKIN GREEN TEA & COCONUT FACIAL CLEANSER FOR NORMAL-DRY SKIN	163
ROSEMARY & WITCH HAZEL CLEANSER FOR NORMAL-DRY SKIN	164 165
AN ASIDE: YOU CAN MAKE SURFACTANT BASED FACIAL CLEANSERS WITHOUT HEATING	
HOLDING	166
FORMULATING LOW SURFACTANT FOAMER BOTTLE CLEANSERS	166
FACIAL CLEANSER FOR FOAMER BOTTLES - very oily skin	166
FACIAL CLEANSER FOR FOAMER BOTTLES - more conditioning and moisturizing for any skin t	уре
	167
FOAMING FACIAL WASH WITH SCI SUITABLE FOR NORMAL TO DRY SKIN	168
FOAMING FACIAL WASH WITH SCI FOR DRY TO NORMAL SKIN TYPES	169
FORMULATING A FOAMER BOTTLE RECIPE WITH TONS OF EXTRACTS	170
FACIAL WASH WITH A TON OF EXTRACTS IN A FOAMER BOTTLE	171
FORMULATING A FOAMING FACIAL CLEANSER WITH WHITE WILLOW BARK FOAMING FACIAL CLEANSER FOR NORMAL TO OILY SKIN CONTAINING WHITE WILLOW	172
BARK	, 172
CREATING LOW SURFACTANT FOAMING BOTTLE CLEANSERS WITH HYDROLYZED PROT	
BASED SURFACTANTS	174
FOAMING SILK FACIAL CLEANSER SUITABLE FOR ALL SKIN TYPES	174
LOW SURFACTANT FACIAL CLEANSER WITH FOAMING OAT SURFACTANT	176
LOW SURFACTANT FACIAL CLEANSER WITH FOAMING OAT SURFACTANT - VARIATION #1 -	
different surfactants, no foaming oat surfactant	180
LOW SURFACTANT FACIAL CLEANSER WITH FOAMING OAT SURFACTANT - different extracts,	
powder	180

LOW SURFACTANT FACIAL CLEANSER WITH FOAMING OAT SURFACTANT - no ginger root extr	act,
added hydrolyzed protein	181
LOW SURFACTANT FACIAL CLEANSER WITH FOAMING OAT SURFACTANT - lots and lots of	
changes!	181
FORMULATING A FOAMING RICE PROTEIN CLEANSER	182
FOAMING FACIAL CLEANSER WITH RICE CLEANSER	182
FORMULATING CREAMY SURFACTANT BASED CLEANSERS	184
CREAMY EXFOLIATING CLEANSER WITH JOJOBA BEADS	184
CREAMY EXFOLIATING FACIAL CLEANSER WITH JOJOBA ESTERS AND JOJOBA BEADS	184
CREAMY EXFOLIATING FACIAL CLEANSER FOR DRY SKIN	186
CREAMY EXFOLIATING FACIAL CLEANSER FOR WRINKLED SKIN	186
CREAMY EXFOLIATING FACIAL CLEANSER FOR OILY, RESISTANT SKIN	187
CREAMY EXFOLIATING FACIAL CLEANSER FOR ACNE OR ROSACEA PRONE SKIN	188
CREATING THICKENED SURFACTANT BASED CLEANSERS	189
CREAM CLEANSER FOR DRY SKIN	189
CREAM CLEANSER FOR NORMAL SKIN - FOR PEOPLE WHO LIKE OILS	190
CREAM CLEANSER FOR NORMAL TO OILY SKIN - FOR PEOPLE WHO AREN'T BIG ON OILS	191
FORMULATING OIL BASED FACIAL CLEANSERS	193
POTENTIAL OIL CLEANSING METHOD OIL FOR DRY SKIN	194
POTENTIAL OIL CLEANSING METHOD CLEANSER FOR OILY SKIN	195
AN ASIDE ON USING LOTIONS AS CLEANSERS	196
AN ASIDE: CAN GLYCERIN PULL WATER FROM YOUR SKIN WHEN THE HUMIDITY IS LOW?	197
AN ASIDE: WHAT DOES "ACTIVE" MEAN FOR OUR INGREDIENTS?	200
FORMULATING FACIAL SCRUBS	201
CHEMICAL EXFOLIANTS	<i>201</i>
ALPHA HYDROXY ACIDS	201
MULTIFRUIT BSC (aka Fruit Acid Complex)	202
SALICYLIC ACID	202
WHITE WILLOW BARK	202
PAPAYA EXTRACT	203
PINEAPPLE EXTRACT	203
HONEYSUCKLE EXTRACT	203
PHYSICAL EXFOLIANTS	204
PHYSICAL EXFOLIANTS Jojoba beads	<i>204</i> 204
PHYSICAL EXFOLIANTS Jojoba beads Loofah	204 204 204
PHYSICAL EXFOLIANTS Jojoba beads Loofah Pumice	204 204 204 204
PHYSICAL EXFOLIANTS Jojoba beads Loofah Pumice Salt	204 204 204 204 205
PHYSICAL EXFOLIANTS Jojoba beads Loofah Pumice Salt Sugar	204 204 204 204 205 205
PHYSICAL EXFOLIANTS Jojoba beads Loofah Pumice Salt Sugar Seeds	204 204 204 204 205 205 205
PHYSICAL EXFOLIANTS Jojoba beads Loofah Pumice Salt Sugar Seeds Shells	204 204 204 205 205 205 205
PHYSICAL EXFOLIANTS Jojoba beads Loofah Pumice Salt Sugar Seeds Shells Clay	204 204 204 205 205 205 205 205
PHYSICAL EXFOLIANTS Jojoba beads Loofah Pumice Salt Sugar Seeds Shells Clay Baking soda	204 204 204 205 205 205 205 205 205 205
PHYSICAL EXFOLIANTS Jojoba beads Loofah Pumice Salt Sugar Seeds Shells Clay Baking soda Aluminum Oxide - Dermabrasion Crystals	204 204 204 205 205 205 205 205 205 206
PHYSICAL EXFOLIANTS Jojoba beads Loofah Pumice Salt Sugar Seeds Shells Clay Baking soda Aluminum Oxide - Dermabrasion Crystals Bamboo exfoliating powder	204 204 204 205 205 205 205 205 206 206
PHYSICAL EXFOLIANTS Jojoba beads Loofah Pumice Salt Sugar Seeds Shells Clay Baking soda Aluminum Oxide - Dermabrasion Crystals	204 204 204 205 205 205 205 205 205 206

FORMULATING AN OIL BASED FACIAL SCRUB	207
FACIAL SCRUB BASE	207
FORMULATING OIL BASED SCRUBS FOR DRY SKIN	208
DRY SKIN BLEND #1	209
DRY SKIN BLEND #2.	210
DRY SKIN BLEND #3	210
DRY SKIN BLEND #4	210
FORMULATING OIL BASED SCRUBS FOR OILY OR ACNE PRONE SKIN	212
OILY SKIN BLEND #1	213
OILY SKIN BLEND #2	213
OILY SKIN BLEND #3	213
OILY SKIN BLEND #4 WITH CASTOR OIL	214
ADDING THE EXFOLIANTS TO YOUR BASE	214
ADDING OIL BASED EXTRACTS TO OUR SCRUBS	214
BASE OIL WITH OIL SOLUBLE GREEN TEA EXTRACT	215
BODY OR FACIAL OIL WITH OIL SOLUBLE ALOE VERA EXTRACT	215
FORMULATING A SURFACTANT BASED SCRUB	217
INSTRUCTIONS FOR ALL THE SURFACTANT BASED SCRUBS	220
SAMPLE BASE FOR A FACIAL CLEANSER FOR OILY SKIN WITH PHYSICAL EXFOLIANTS	221
SAMPLE BASE modified to include glycerin	222
SAMPLE BASE modified to include glycerin and honeyquat	222
SAMPLE BASE modified to include glycerin, honeyquat, panthenol, and AHA	223
SAMPLE BASE modified to include glycerin and polyquat 7	224
SAMPLE BASE modified to include glycerin, polyquat 7, and PEG-7 olivate	224
SAMPLE BASE modified to include glycerin, polyquat 7, and Caprol Micro Express	225
SAMPLE BASE modified to include glycerin, honeyquat, panthenol, and glycol distearate	225
THICKENING YOUR FACIAL SCRUB	226
SAMPLE BASE modified to include glycerin, polyquat 7, Caprol Micro Express, and liquid Crothiz	
SAMPLE BASE modified to include glycerin, polyquat 7, Caprol Micro Express, and Amaze XT	227
SURFACTANT BASE FOR DRY SKIN TO WHICH WE'LL ADD PHYSICAL EXFOLIANTS	228
SURFACTANT BASE FOR OILY SKIN TO WHICH WE'LL ADD PHYSICAL EXFOLIANTS	229
SAMPLE SURFACTANT BASE FOR OILY SKIN TO WHICH WE'LL ADD PHYSICAL EXFOLIANTS W	
LOADS OF CHAMOMILE, ALOE VERA, AND WITCH HAZEL	230
SURFACTANT BASE FOR DRY SKIN WITH CHEMICAL EXFOLIANTS, OIL SOLUBLE EXTRACTS,	
GLYCOL DISTEARATE, AND CATIONIC POLYMERS	231
ADDING PHYSICAL EXFOLIANTS TO THE SURFACTANT BASE	231
ADDING EXFOLIANTS TO OUR SURFACTANT BASE	233
FINAL MODIFICATIONS OF SURFACTANT BASE FOR OILY SKIN TO WHICH WE'LL ADD PHYSIC.	
EXFOLIANTS	233
AN ASIDE: CAN WE USE A PHYSICAL AND CHEMICAL EXFOLIANT TOGETHER?	236
FACIAL SCRUB RECIPE: FOAMING CLAY CLEANSER	236
FOAMING CLAY CLEANSER	236
AUSTRALIAN PINK CLAY MILD FACIAL SCRUB	237
FORMULATING AN EMULSIFIED SCRUB	238
EMULSIFIED SUGAR SCRUB	238
EMULSIFIED FACIAL SCRUB #1 - OCCLUSIVE, dry feeling	239
EMULSIFIED FACIAL SCRUB #2 - FANCY OIL VERSION, DRIER FEELING	240
EMULSIFIED FACIAL SCRUB #3 - BUDGET CONSCIOUS MODIEVING FAMIL GIFTED SCRUBS FOR YOUR SVIN TYPE	241
MODIFYING EMULSIFIED SCRUBS FOR YOUR SKIN TYPE	241

EMULSIFIED SUGAR SCRUB FOR DRY SKIN	241
EMULSIFIED SUGAR SCRUB FOR OILY SKIN	242
EMULSIFIED SUGAR SCRUB FOR ROSACEA PRONE SKIN	242
EMULSIFIED SUGAR SCRUB FOR WRINKLED OR PIGMENTED SKIN	243
AN ASIDE: WHAT IS THE SHELF LIFE OF OUR PRODUCTS?	244
BASIC LOTION RECIPE	244
WHAT'S AN INCI NAME?	247
WORKING WITH RECIPES: WHY WE USE PERCENTAGES	249
WORKING WITH RECIPES: HOW TO CONVERT FROM PERCENTAGES TO WEIGHT	249
FORMULATING TONERS	251
SWIFT'S BASIC TONER RECIPE	251
FORMULATING A TONER FOR THE OILY SKIN TYPE	252
ROSEMARY AND GREEN TEA TONER FOR OILY, RESISTANT SKIN	254
TONER FOR ACNE PRONE SKIN	255
TONER FOR OILY, WRINKLED SKIN	256
FORMULATING TONERS FOR DRY SKIN TYPES	257
TONER SUITABLE FOR DRY, SENSITIVE OR WRINKLED SKIN	259
FORMULATING FOR DRY, RESISTANT OR WRINKLED SKIN	259
TONER SUITABLE FOR DRY, RESISTANT SKIN WITH WRINKLES	260
FORMULATING FOR DRY SKIN IN GENERAL	261
MINIMALIST TONER FOR DRY SKIN	261
IN BETWEEN TONER FOR DRY SKIN	261
MAXED OUT TONER FOR DRY SKIN	262
A FEW OTHER TONER IDEAS	262
TONER FIT FOR A BEST FRIEND WITH NORMAL SKIN	263
LAVENDER & CHAMOMILE TONER	263
MIN-MAXING YOUR TONER	264
MIN-MAXED TONER	265
USING COSMECEUTICALS IN A TONER	266
MIN-MAXED TONER WITH COSMECEUTICALS	266
INCLUDING WATER SOLUBLE OILS IN A TONER	267
ROSEMARY AND GREEN TEA TONER WITH WATER SOLUBLE OILS	267
FORMULATING WATER SOLUBLE GELS FOR UNDER EYE GELS	268
CREATING A GEL WITH CARBOPOL ULTREZ 20 (THICK GEL)	269
FORMULATING AN EYE GEL	270
FORMULATING AN EYE GEL – VERSION 1	271
UNDER EYE GEL #1	272
FORMULATING AN EYE GEL, VERSION 2	272
UNDER EYE GEL #2	273
FORMULATING AN EYE GEL – MAKING MODIFICATIONS	274
UNDER EYE GEL - ASTRINGENT, COOLING, ANTI-INFLAMMATORY	275
UNDER EYE GEL - KERATOLYTIC, SOFTENING, MOISTURIZING, OCCLUSIVE	276
UNDER EYE GEL - CHAMOMILE, OATS & SODIUM LACTATE	276
UNDER EYE GEL - WITCH HAZEL, HONEYQUAT, GREEN TEA EXTRACT, AND DARK EYE	
COMPLEX	277
FORMILLATING OIL SOLUBLE GELS TO MAKE UNDER EYE GELS	278

FORMULATING OIL SOLUBLE GELS WITH CERA BELLINA RECIPE FOR OILY GEL WITH CERA BELLINA	278 279
ANHYDROUS EYE SERUM WITH CERA BELLINA	279
MAKING AN EMULSIFIED EYE CREAM FORMULATING THE OIL PHASE FORMULATING THE WATER PHASE	282 282 284
ADDING COSMECEUTICALS	285
EYE CREAM WITH RITAMULSE SCG	286
TWEAKING THE EYE CREAM WITH DIFFERENT EMULSIFIERS TWEAKING THE OILS IN THE EYE CREAM	288 290
CREATING AN ANHYDROUS EYE SHADOW PRIMER ANHYDROUS EYE SHADOW PRIMER	292 <i>292</i>
FORMULATING A FACIAL SERUM	294
GENERAL RECIPE FOR MAKING A SERUM	294
FORMULATING FOR THE OILY SKIN TYPE	295
FACIAL SERUM FOR OILY, BREAK OUT PRONE SKIN	296
THINGS TO THINK ABOUT WHEN FORMULATING A SERUM FORMULATING FOR THE DRY SKIN TYPE	296 296
FACIAL SERUM FOR DRY SKIN	296 297
SHANNON'S FACIAL SERUM FOR DRY SKIN	297
AN ASIDE: HOW DO OILS IN A SERUM STAY MIXED?	298
FORMULATING A FACIAL SERUM WITH SEA BUCKTHORN OIL	299
FACIAL SERUM FOR DRY SKIN WITH SEA BUCKTHORN OIL	299
FACIAL SERUM FOR OILY SKIN WITH SEA BUCKTHORN OIL	299
FORMULATING A SERUM WITH OIL SOLUBLE EXTRACTS	300
FACIAL SERUM WITH OIL SOLUBLE GREEN TEA EXTRACT	300
FACIAL SERUM WITH OIL SOLUBLE MALLOW EXTRACT	301
FORMULATING A SERUM WITH ESTERS	301
FACIAL SERUM FOR DRY SKIN USING ESTERS	301
FORMULATING A FACIAL SERUM WITH SUPER STEROL ESTERS	302
FACIAL SERUM FOR DRY SKIN USING SUPER STEROL	302
FORMULATING A FACIAL SERUM WITH SILICONES FACIAL SERUM FOR ALL SKIN TYPES USING SILICONES	303 <i>303</i>
FORMULATING A FACIAL LOTION BAR	303
FACIAL LOTION BAR FOR THE WINTER MONTHS	306
LOTION BAR WITH OIL SOLUBLE GREEN TEA EXTRACT	306
FORMULATING FACIAL MOISTURIZERS	307
BASIC FACIAL MOISTURIZER RECIPE – 80% WATER	308
BASIC FACIAL MOISTURIZER RECIPE – 85% WATER	310
A FEW NOTES ON MAKING LOTIONS	310
THE HEATED ON PHASE	310
THE HEATED OIL PHASE THE COOL DOWN PHASE	311 313
AN ASIDE: HOW DO YOU KNOW WHEN TO ADD AN INGREDIENT?	313
MODIFYING THE BASIC RECIPE FOR NORMAL SKIN	314

BASIC FACIAL MOISTURIZER RECIPE FOR NORMAL SKIN	315
MODIFYING THE BASIC RECIPE FOR DRY SKIN	316
MODIFIED FACIAL MOISTURIZER FOR DRY SKIN	318
MODIFIED BASIC RECIPE FOR WRINKLED SKIN	319
MODIFIED MOISTURIZER FOR DRY, WRINKLED SKIN	320
MODIFYING THE BASIC RECIPE FOR OILY SKIN	321
MODIFIED CATIONIC OIL-FREE FACIAL MOISTURIZER FOR OILY, RESISTANT SKIN	323
MODIFIED CATIONIC OIL-FREE MOISTURIZER FOR ACNE PRONE OR ROSACEA TYPE SKI	N 323
MODIFIED CATIONIC OIL-FREE MOISTURIZER FOR OILY, AGING OR WRINKLED SKIN	323
FORMULATING SILICONE BASED FACIAL MOISTURIZERS	325
SILICONE BASED MOISTURIZER FOR DRY, WRINKLED SKIN	326
SILICONE BASED MOISTURIZER WITH EXOTIC OILS	327
FORMULATING A FACIAL MOISTURIZER WITH HEMP SEED OIL	328
FACIAL MOISTURIZER WITH HEMP SEED AND MACADAMIA NUT OIL	329
FORMULATING WITH SEA BUCKTHORN OIL	330
FACIAL MOISTURIZER WITH SEA BUCKTHORN OIL	330
FORMULATING A FACIAL MOISTURIZER WITH SUNFLOWER OIL	331
FACIAL MOISTURIZER WITH SUNFLOWER OIL	332
MODIFYING THE BASIC MOISTURIZER WITH COSMECEUTICALS	333
MODIFIED FACIAL MOISTURIZER WITH NIACINAMIDE, BETA GLUCAN, AND DMAE MODIFIED 85% WATER FACIAL MOISTURIZER RECIPE TWEAKED TO INCLUDE SOME	333
COSMECEUTICALS	334
FACIAL MOISTURIZER TWEAKED TO INCLUDE EVEN MORE COSMECEUTICALS	334
MAKING FACIAL MOISTURIZERS WITH BTMS-50	336
BASIC FACIAL MOISTURIZER RECIPE WITH BTMS-50	337
SAMPLE BTMS-50 RECIPE WITH MODIFIED WATER PHASE	338
FACIAL MOISTURIZER WITH BTMS-50 WITH LOADS OF COSMECEUTICALS	339
FORMULATING OIL FREE MOISTURIZERS	341
CATIONIC OIL FREE FACIAL MOISTURIZER	342
MODIFYING THE OIL FREE MOISTURIZERS TO INCLUDE COSMECEUTICALS	343
MODIFIED CATIONIC OIL-FREE MOISTURIZER FOR ACNE PRONE OR ROSACEA TYPE SKIN WIT	ГН
COSMECEUTICALS	344
FORMULATING AN OIL FREE MOISTURIZER WITH ESTERS	345
OIL FREE FACIAL MOISTURIZER WITH ESTERS	346
FORMULATING MOISTURIZERS WITH LIQUID CRYSTAL EMULSIFIERS	348
EMULSIFIER: OLIVEM 1000	349
EMULSIFIERS: MONTANOV 68	350
BASIC MONTANOV 68 MOISTURIZER HEATED WATER PHASE	350
CHAMOMILE & BETA GLUCAN MONTANOV 68 MOISTURIZER	351
HORSETAIL & SILK PROTEIN MONTANOV 68 MOISTURIZER	352
APPENDIX: OIL AND BUTTER PROFILES	354
INGREDIENTS: EMOLLIENTS - CARRIER OIL PROFILES	355
APRICOT KERNEL OIL	355
AVOCADO OIL	355
CASTOR OIL	356
COCONUT OIL	358
FRACTIONATED COCONUT OIL	358
GRAPESEED OIL	359

HAZELNUT OIL	360
HEMP SEED OIL	361
JOJOBA OIL	363
MACADAMIA NUT OIL	364
MEADOWFOAM SEED OIL	365
OLIVE OIL	366
RICE BRAN OIL	367
SESAME OIL	368
SOY BEAN OIL	369
SUNFLOWER OIL	370
SWEET ALMOND OIL	370
VIRGIN COCONUT OIL	371
WHEAT GERM OIL	372
INGREDIENTS: EMOLLIENTS - BUTTER PROFILES	374
COCOA BUTTER	374
MANGO BUTTER	375
SHEA BUTTER	376
AN ASIDE: CAN I USE GROCERY STORE OILS IN MY PRODUCTS?	378
AN ASIDE: WHY USE MORE THAN ONE OIL IN A LOTION?	378
INGREDIENTS: EMOLLIENTS - EXOTIC BUTTERS	379
ILLIPE BUTTER	<i>37</i> 9
MOWRAH BUTTER	379
KOKUM BUTTER	379
SAL BUTTER	380
MURUMURU BUTTER	380
BABASSU OIL	380
INGREDIENTS: EMOLLIENTS - EXOTIC OILS	382
ARGAN OIL	382
BLACKBERRY SEED OIL	382
BLUEBERRY SEED OIL	383
BORAGE OIL	384
CALENDULA OIL	385
CAMELLIA OIL	386
CARROT TISSUE OIL	387
CRANBERRY OIL	388
EMU OIL	389
EVENING PRIMROSE OIL	390
KUKUI NUT OIL	391
POMEGRANATE OIL	392
PUMPKIN OIL	393
RASPBERRY SEED OIL ROSEHIP OIL	394 395
SEA BUCKTHORN OIL	395 396
A LITTLE INFORMATION ON OUR YOUTH PROGRAMS	399
AROUT THE AUTHOR	399